
 क.रा.बी.नि. ESIC	कर्मचारी राज्य बीमा निगम चिकित्सा महाविद्यालय एवं अस्पताल, बिहटा,पटना EMPLOYEES' STATE INSURANCE CORPORATION, MEDICAL COLLEGE &HOSPITAL,BIHTA,PATNA Email : ms-bihta.bh@esic.nic.in Phone : 8544429148	 सत्यमेव जयते	श्रम एवं रोजगार मंत्रालय, भारत सरकार MINISTRY OF LABOUR & EMPLOYMENT,GOVT.OF INDIA
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423/ESICMCHB/U/16/51/Yoga/2022-Academic

Date:09.06.2022

CIRCULAR

Subject: Introduction of YOGA Training in MBBS Course Curriculum.

National Medical Commission has implemented new competency based medical education for undergraduate course curriculum for academic session 2021-22 wherein YOGA Training has been introduced during foundation course for maximum of 01 hours every day for a period of 10 days beginning from 12th June every year to be culminated on International YOGA Day i.e 21st June, in all medical colleges across the country.

In this regard, all 2021-22 MBBS students are hereby instructed to do maximum of 01 hours yoga everyday at medical college reception, ESIC MCH, Bihta from 12.06.2022 to 21.06.2022. Timing for Yoga for all mbbs students are mentioned under:-

S.NO	Days	Timing	For Boys/Girls
1	Monday, Wednesday & Friday	03:00 PM to 04:00 PM	For Boys
2	Tuesday & Thursday	03:00 PM to 04:00 PM	For Girls
3	Saturday	12:00 PM to 01:00 PM	For Girls
4	Sunday	04:00 PM to 05:00 PM	Self Yoga for both Boys & Girls

9/6/2022

DEAN

ESIC Medical College & Hospital

Dr. SOUMYA CHAKRABARTY
DEAN & PROF. ANATOMY
ESIC MEDICAL COLLEGE & HOSPITAL
BIHTA, PATNA (BIHAR)

Copy to:

1. Dean Office, ESIC Medical College & Hospital, Bihta for information.
2. Medical Superintendent, ESIC Medical College & Hospital, Bihta for information.
3. All Departments/ Departments Incharge, ESIC Medical College & Hospital, Bihta for information.
4. PMR Department for necessary action.
5. All MBBS Students of 2021-22 batch for necessary action.
6. Guard file/Notice Board.

*Pl. upload in
WMC + college
website*

[Signature]

DEAN

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