

# ESI PGIMSR & ESIC Medical College Joka, Kolkata

## Foundation Course Schedule (Batch 2025-26)

### Annexure-A

Week 1	9-10 AM	10-11AM	11- 1PM	1-2 PM	2-4PM
MON 22.09.25	Opening Ceremony			L U N C H B R E A K	FC 1.5 Orientation to Dept of Physiology/Biochemistry <b>Phase 1</b>
TUE 23.09.25	FC 1.4 Rules and regulations of the institution <b>(MS/DMS)</b>	FC 1.6 Career Pathway <b>(Biochemistry)</b>	FC 5.4 Networking <b>(Dr. Sudipa Biswas)</b>		FC 1.5 Visit to Dept of Anatomy  <b>Phase 1</b>
WED 24.09.25	FC1.1 Role of Doctors in society  <b>(Medicine)</b>		FC 6B YOGA  <b>(Mr.Mrinal Mallick)</b>		FC 1.5 Visit to Hospital  <b>Phase 1</b>
THU 25.09.25	FC 2.3 Bio - safety  <b>(Microbiology)</b>	FC 2.6, 2.7 Biomedical Waste Management  <b>(Microbiology)</b>	FC 4.1 Understanding the role of mentoring and Anti-ragging session  <b>(Physiology)</b>		FC 2.1 Perform Basic Life Support in Skills lab  <b>(Anaesthesia)</b>
FRI 26.09.25	FC3.1 Demonstrate understanding of the National Health Goals and Policies, FC 3.2 Discuss the national health scenario, demographic, socio-cultural and epidemiological issues  <b>(Community Medicine)</b>		FC 2.2 Perform First Aid in a simulated environment  <b>(Medicine)</b>		FC 2.2 Perform First Aid in a simulated environment  <b>(Medicine)</b>
SAT 27.09.25	FC 4.1 Demonstrate understanding of the concept of Professionalism and ethics among health care professionals  <b>(Surgery-Prof. S Lahiri)</b>		FC 4.9 Discuss the significance and appropriate ways of Time management  <b>(Pharmacology)</b>		

Week 2 (MON 29.09.25-06.10.25 MON) HOLIDAY					
Week 3	9-10 AM	10-11AM	11- 1PM	1-2 PM	2-4PM
TUE 07.10.25	FC 4.7 Discuss the significance and methods of stress management and risk taking behaviour  (Psychiatry)	FC 5.4 Demonstrate basic computer skills  (Guest Lecturer)	L U N C H B R E A K	FC 2.8 Discuss the Immunization requirements of Health care professionals  (Community Medicine)	
WED 08.10.25	FC 4.14 Demonstrate understanding of different methods of self-directed learning (Dr. Sushmita Chaudhuri)	FC 5.2 Local language training Bengali  (Anatomy)		FC 5.2 Local language training Hindi  (Anatomy)	
THU 09.10.25	FC 1.10 Demonstrate awareness of the History of Medicine and alternate systems of Medicine.  (Pathology)	FC 5.1 Demonstrate ability to communicate with patient and families, be aware of barriers to communicate and appropriate ways to respond.  (Community Medicine)		FC 6A Sports (Mr.Rupesh Kumar)	
FRI 10.10.25	FC 4.3, 4.4 Working in a health Care Team  (Gynaecology)	FC 6B YOGA  (Mr.Mrinal Mallick)		FC 6A Sports (Mr.Rupesh Kumar)	
SAT 11.10.25	FC 5.3 Demonstrate ability to communicate and learn in English  (Gynaecology)	FC 2.9 Proper Documentation in Patient care  (Forensic Medicine)			
MON 13.10.25	Extra-Curricular Activities (Ms.Lakshmi Biswas)			FC 6B YOGA  (Mr.Mrinal Mallick)	